



Thalasso

NATURE, NATURELLE, NATURELLEMENT BIEN
EURONAT - 2025 EDITION

NATURIST HOLIDAYS

EURONAT THALASSO IS GETTING RENOVATED!

The new sea area with saunas and steam room will be located next to the saltwater pool.

You may relax in our new outdoor hot tub under the pine trees.

As hot saltwater is full of minerals it helps boosting your immune system and the seaweed treatments as well as the massages allow you to be healthy and relax.

Our professional team is here to listen to your needs and they will help you to make the right choice.

OPENING HOURS

09H00 - 12H30 &
14H30 - 18H00

Weekly closure :

- on Wednesday during the low season

- on Sunday in July and August.

Booking
thalasso@euronat.com
05 56 73 24 50

A NEW LOOK FOR THE SEA AREA

YOU CAN GET ACCESS FOR HALF A DAY

On reservation only, the places are limited !

The outdoor hot tub will allow you to relax under the pine trees and connect with nature.

- 1 access 20 €
- 5 accesses 95 €
- 10 accesses 180 €

Access is permitted from 12 years old and on accompanied by an adult.

**WE PROVIDE THE BATHING
CAP AND FLIP FLOPS.
PLEASE BRING YOUR OWN
LARGE TOWEL.**

HYDROTHERAPY TREATMENTS

BODY SCRUB 20 MINS : 40 €

YOUR CHOICE OF BODY WRAP 40 €

THE HYDROMASSAGE BATH
seaweed or essential oils 40 €

PRECIOUS BODY WRAP 75 €
+ BATH

SEAWATER AFFUSION
SHOWER 30 €

JET SHOWER 30 €

COLD WRAP 40 €
OF THE LOWER LIMBS

PRESSODERMY

- 1 SESSION 20 MINS : 40 €
- 5 SESSIONS : 130 €

WATERMASS

- 1 SESSION 20 MINS : 60 €
- 5 SESSIONS : 280 €
- 10 SESSIONS : 500 €

SOIN THALASSAMINCEUR

- 1 SESSION 1 H 50 : 165 €
- 1 targeted slimming treatment,
1 body scrub, 1 slimming massage,
1 Thalassamineur body wrap.
- 5 SESSIONS : 700 €

RELAXING AND WELL-BEING

BAIJA RITUAL

FRAGRANCE BAR 70 €
Your choice in the Baija collection
~ Hammam or sauna (30 mins)
~ Body scrub
~ Moisturising application with modelling

INDIAN SEA 155 €
AYURVEDIC-INSPIRED TREATMENT
REBALANCES THE BODY AND MIND
~ Ginger scrub
~ Sacred lotus milk extract bath
~ Rebalancing Ayurveda
massage (50 mins)

THALGO RITUALS

POLYNESIAN JOURNEY 155 €
A STOPOVER IN BORA-BORA, THE
MAGIC ISLAND
~ Pink sand scrub
~ Lagoon water sensorial bath
~ Polynesian massage with hot
sand pouches (50 mins)

NORDIC RITUAL 155 €

SAIL TO THE NORTH POLE
~ Salt flake scrub
~ Bath with effervescent crystals
~ Swedish-inspired massage
(50 mins)

NEW

FRENCH RIVIERA 155 €
~ 3 seaweed body scrub
~ 3 seaweed body wrap
~ Body massage performed
with hands and jade pebble
that spread light heat for a true
relaxing moment (50 mins)



THE COCKTAILS

OCEAN COCKTAIL 90 €
~ Seaweed and marine mud wrap
~ Hydromassage bath with seaweed
~ Seawater affusion shower
(seawater mist)

SPECIAL BACK COCKTAIL 125 €
~ Seaweed and marine mud wrap
~ Hydromassage bath with
essential oils
~ Relaxing massage or HNS
(25 mins)

NEW

FULFILMENT COCKTAIL 135 €
~ Body scrub
~ Body wrap with seaweeds or
hydromassage bath
~ Sea and sand facial skin care
(50 mins)

5 TREATMENTS CARD 185 €

1 RELAXING MASSAGE (25 mins)
+ A CHOICE OF 4
HYDROTHERAPY TREATMENTS
Treatments offered: Seaweed and marine
mud wrap - Hydromassage bath with
essential oils - Special jet shower -
Affusion shower
VALID FOR 6 MONTHS

ESSENTIAL TREATMENTS

GET INTO SHAPE 2 treatments/day
Basic treatments to which you can add
pleasure treatments.

3 DAYS : 245 €
1 scrub, 3 seaweed wraps, 1 hydromassage
bath, 1 relaxing massage.

6 DAYS : 440 €
1 scrub, 6 seaweed wraps, 3 hydromassage
baths, 1 affusion shower,
1 relaxing massage.

FITNESS & RELAXATION

3 treatments/day
Daily massages and marine treatments.
Travel in happiness!

3 DAYS : 345 €
1 scrub, 3 seaweed wraps,
1 hydromassage bath, 1 relaxing massage,
1 affusion massage, 1 wellbeing massage,
1 affusion or jet shower.

6 DAYS : 660 €
1 scrub, 6 seaweed wraps, 3 hydromassage
baths, 2 relaxing massages, 1 affusion
massage, 2 wellbeing massages, 1 head
neck shoulders massage, 2 showers (jet or
affusion).

THE ESSENTIAL MARINE
3 treatments/day

WITH BODY SCRUB + 10 €
3 DAYS: 375 € - 6 DAYS : 695 €
Seaweed wrap, hydromassage bath with
essential oils, relaxing massage.

MARINE RELAXATION 2 treatments/day
6 DAYS : 495 €
6 seaweed wraps, 6 hydromassage baths
with essential oils or 6 relaxing massages.

FITNESS & DETOX 3-4 treatments/day
4 DAYS : 595 €

1 bodyscrub, 1 deep tissue massage (50 mins),
1 «Indian Sea» massage (50 mins),
1 Thalgo facial (50 mins),
4 wraps (seaweed, detox, spirulina),
2 watermass, 1 Cryosculpt (40 mins),
1 hydromassage bath with essential oils.

OCEAN ESCAPE 4 soins/jr
2 DAYS : 260 €

Day 1: Body scrub, body wrap & precious
bath, affusion or jet shower
Day 2: Seaweed wrap, hydromassage
bath with essential oils, wellness massage,
affusion or jet shower.



SENSORIAL TREATMENTS

FORM & COMPLETENESS

3 treatments/day

3 DAYS : 370 €

1 scrub, 3 seaweed wraps, 1 hydromassage bath, 1 affusion shower, 1 relaxing massage, 1 wellbeing massage, 1 ayurvedic massage (50 mins).

6 DAYS : 695 €

1 scrub, 6 seaweed wraps, 3 hydromassage baths, 1 affusion shower, 3 relaxing massages, 2 wellbeing massages, 1 ayurvedic massage (50 mins), 1 «sea & sand» organic facial treatment (50 mins).

ANTI-AGEING MARINE

3-4 treatments/day

3 DAYS : 480 €

1 hyaluronic facial (50 mins), 1 body scrub, 2 seaweed and marine mud wrap, 1 hydromassage bath with essential oils, 2 jet showers, 1 watermass, 1 Polynesian massage (50 mins), 1 wellbeing massage, 1 affusion massage.

6 DAYS : 805 €

1 hyaluronic facial (50 mins), 1 body scrub, 3 hydromassage baths with essential oils, your choice of 3 body wraps, 3 jet shower, 2 watermass,

1 Polynesian massage (50 mins), 1 relaxing massage, 1 HNS massage, 1 deep tissue massage, 1 wellbeing massage, 1 affusion massage.

JOURNEY TO THE 4 CORNERS OF THE WORLD

4 DAYS : 595 €

"Polynesian Escape" day

Pink sand scrub, «lagoon water» bath, massage with Polynesian traditional hot sand pouches (50 mins).

"Nordic wonder" day

Magnesium marine body wrap, effervescent crystals bath, Swedish-inspired massage with azure ice bubbles (50 mins).

"Atlantic Escape" day

Magnesium marine wrap, 1 affusion massage (25 mins), 1 sea basics facial (50 mins).

"Dive into the Indian Sea" day

Sublime cotton wrap, sacred lotus milk extract bath, Ayurvedic and Marmatherapy inspired massage (50 mins).

SLIMMING TREATMENTS

EXPRESS SLIMMING

3 treatments/day

3 DAYS : 435 €

1 body scrub, 3 wraps (algues, detox, Spiruline), 1 hydromassage bath, 1 relaxing massage, 1 jet shower, 1 watermass, 1 soin bodypalp, 1 Cryosculpt (40 mn).

MARINE SLIMMING 3 treatments/day

6 DAYS : 860 €

1 body scrub, 5 wraps (algues, detox, Spiruline, piment-cacao), 1 Thalassamineur treatment (1h50), 2 hydromassage baths with essential oils, 1 relaxing massage, 1 wellbeing massage, 2 watermass, 3 Cryosculpt (thermotherapy, electrostimulation, cryotherapy) 40 mins.

SLIMMING TREATMENTS

For a more personalized therapy ask our beauticians.

SLIMMING PACKAGE (CRYOSCULPT)

12 SESSIONS 850 €

THALASSAMINCEUR TREATMENT

1 SESSION (1H50) : 165 €

1 targeted slimming treatment, 1 body scrub, 1 slimming treatment, 1 Thalassamineur body wrap.

5 SESSIONS : 700 €

10% discount on your 3 - 6 days therapy for bookings made one month in advance, accompanied by a deposit of €100 per cure.

THE MESSAGES

RELAXING 25 MINS : 55 €

Relaxes the back and legs, well-being and relaxation.

WELL-BEING 25 MINS : 55 €

Relaxing fullbody massage.

H-N-S 25 MINS : 55 €

(Head-Neck-Shoulders) Detailed massage of the shoulders, neck, scalp and arms. Brings deep relaxation and relieves nervous tension.

FOOT AND SCALP MASSAGE 50 MINS : 80 €

AFFUSION MASSAGE 25 MINS : 65 €

Under a fine spray of warm sea water, this massage brings you complete relaxation.

NEW

FRENCH RIVIERA 50 MINS : 95 €

Body massage performed with hands and jade pebble that spread light heat for a true relaxing moment.

AYURVEDIC 50 MINS : 95 €

A soothing massage that aids the circulation of energy and muscle relaxation, giving a sensation of calm and serenity.

HARMONY 50 MINS : 95 €

This massage was created for Euronat and is based on the soothing surf of the sea.

DEEP TISSUE 50 MINS : 95 €

Back and legs massage, combining kneading movements, pressure and smoothing strokes.

POLYNESIAN 50 MINS : 95 €

Sublime massage with hot sand pouches.

NORTHERN 50 MINS : 95 €

Both relaxing and revitalizing.

INDIAN SEA 50 MINS : 95 €

Rebalancing massage in the Ayurvedic tradition and Marmatherapy.

NEW

DUO MASSAGE 50 MINS : 180 €

Treat yourself to a moment of complicity and relaxation with our duo massage, one of our 50-minute massages.

THE EXPERTISE

OSTEOPATHY 1 SESSION : 65 €

MANUAL LYMPHATIC DRAINING 25 MINS : 55 €

REFLEXOTHERAPY 50 MINS : 80 €

THE BODY OF MEMORY 50 MINS : 95 €

A massage to free the body and mind.

JAPONAISE SHIATSU MASSAGE 50 MINS : 95 €

CHI NEI TSANG MASSAGE 50 MINS : 95 €

Ancestral massage of the belly, the cent of emotions.

NEW

TIBETAIN KU NYE MASSAGE 50 MINS : 95 € - 1 H 30 : 140 €

SOUND RELAXATION GROUP SESSION 15 €

Sound relaxation using Tibetan bowls.

PEDICURE - PODIATRY 1 SESSION : 60 €

BEAUTY TREATMENTS

Our beauticians can determine your skin type so that they perform skin care treatment that are made for you.

FACIAL TREATMENTS

3 FACIALS PACKAGE 240 €

6 FACIALS PACKAGE 450 €

To be chosen from the range of 1h15 treatments Valid for the current year.

THALGO

3 SEAWEED MARINE TREATMENT 50 MINS : 60 €

SEA BASICS TREATMENT 50 MINS : 60 €

~ Nourishing cold cream marine treatment
~ Hydrating marine treatment

EXPERT ANTI-AGEING TREATMENTS

~ Hyaluronic treatment 50 MINS : 70 €
~ Silicium lift treatment 1H15 : 90 €

I BEAUTY THALGO

Choose with your beautician
CLEANSING, MOISTURISING OR ANTI-AGEING 45 MINS : 65 €

4 TREATMENT PACKAGE 240 €

BEAUTE SIMPLE

SEA & SAND 50 MINS : 60 €

PLEASURE 50 MINS : 60 €

WELL-BEING 1H15 : 90 €

SOTHYS

NEW

GLOWING FACIAL SKIN CARE 1H15 : 90 €

YOUTH 1H15 : 90 €

MOISTURIZING 1H15 : 90 €

SEASONAL TREATMENT 50 MINS : 60 €

PROTECTION EYE TREATMENT 50 MINS : 60 €

ELLA BACHÉ cosmeceutics

NEW

SIGNATURE CARE TREATMENT "TOMATOE-GLOW" 1 H 15 : 90 €

OTHER TREATMENTS

JAPANESE FACIAL MASSAGE 50 MINS : 80 €
Facial lifting treatment with quick and vigorous movements to restore volume and reduce wrinkles.
5 TREATMENT PACKAGE 350 €

MARINE SKIN CARE FOR MEN (Thalgo or Sothys) 50 MINS : 60 €

TEENAGE FACE CARE (For 12-18 years old) 40 MINS : 40 €

THE BODY TREATMENTS

BODY SCRUB AND MASSAGE 50 MINS : 90 €

SLIMMING TREATMENTS

Exclusivity Beauté Simple

THALASSAMINCEUR TREATMENT

1 SESSION 1 H 50 : 165 €

1 targeted slimming treatment, 1 body scrub, 1 slimming massage, 1 Thalassamineur body wrap.

5 SESSIONS : 700 €

BODYPALP TREATMENT 55 €
Exclusive Thalgo method of palpating and rolling on targeted areas.

CRYOSCULPT THALGO TREATMENT 95 €

The tailor-made slimming solution (slimming, cellulite, firmness). Combines cryotherapy, electrostimulation and thermotherapy. Cleanses, burns fat, smoothes cellulite and tones tissues.

OUR EXCEPTIONAL TREATMENTS

HANAKASUMI 1 H 15 : 110 €
Body scrub followed by a foot and body massage with notes of cherry blossom and lotus flowers.

SUBLIMESSENCE 1 H 50 : 150 €
(Body and face) A body scrub, a body wrap, a relaxing massage followed by a brightening facial.

OCEAN PRODIGY 1 H 50 : 195 €
(Face and body)
Facial treatment inspired by ancient Japanese techniques completed by a body massage with prodigious oil.

OTHER TREATMENTS
CALLUSPEELING FOOT CARE 40 € + 10 € for cutting and filing. (without varnish)

BEAUTY OF THE HANDS OR FEET (without varnish) 40 €

DYEING & DEPILATION
Ask for our prices. Women and men.