



ESSENTIAL TREATMENTS

GET INTO SHAPE

2 treatments/day

3 DAYS : 245 €

1 scrub, 3 seaweed wraps, 1 hydromassage bath, 1 relaxing massage.

6 DAYS : 440 €

1 scrub, 6 seaweed wraps, 3 hydromassage baths, 1 affusion shower, 1 relaxing massage.

FITNESS & RELAXATION

3 treatments/day

3 DAYS : 345 €

1 scrub, 3 seaweed wraps, 1 hydromassage bath, 1 relaxing massage, 1 affusion massage, 1 wellbeing massage, 1 affusion or jet shower.

6 DAYS : 660 €

1 scrub, 6 seaweed wraps, 3 hydromassage baths, 2 relaxing massages, 1 foot massage, 2 wellbeing massages, 1 head neck shoulders massage, 2 showers (jet or affusion).

MARINE RELAXATION

2 treatments/day

6 DAYS : 495 €

6 seaweed wraps, 6 hydromassage baths with essential oils or 6 relaxing massages.

THE ESSENTIAL MARINE

3 treatments/day

3 DAYS : 375 € - 6 DAYS : 695 €

Seaweed wrap, hydromassage bath with essential oils, relaxing massage..

FITNESS & DETOX

3-4 treatments/day

4 DAYS : 595 €

1 bodyscrub, 1 deep tissue massage (50 mins), 1 «Indian Sea» massage (50 mins), 1 Thalgo facial (50 mins), 1 seaweed wraps, 2 detox wrap, 1 spirulina wrap, 2 watermass, 1 Cryosculpt (40mins), 1 hydromassage bath with essential oils.

OCEAN ESCAPEDE

4 treatments/day

2 DAYS : 260 €

Day 1 : Body scrub, body wrap & precious bath, affusion or jet shower

Day 2 : Seaweed wrap, hydromassage bath with essential oils, wellness massage, affusion or jet shower.

5 TREATMENTS CARD : 185 €

**1 RELAXING MASSAGE (25 MINS) + A CHOICE OF
4 HYDROTHERAPY TREATMENTS**

Treatments offered: Seaweed and marine mud wrap - Hydromassage bath with essential oils - Special jet shower - Affusion shower

valid for 6 months



SENSORIAL TREATMENTS

FORM & COMPLETENESS

3 treatments/day

3 DAYS : 370 €

1 scrub, 3 seaweed wraps,
1 hydromassage bath, 1 affusion shower,
1 relaxing massage, 1 wellbeing massage,
1 ayurvedique massage (50 mins).

6 DAYS : 695 €

1 scrub, 6 seaweed wraps, 3 hydromassage
baths, 1 affusion shower, 3 relaxing
massages, 2 wellbeing massages,
1 ayurvedique massage (50 mins),
1 "sea & sand" organic facial treatment
(50 mins).

ANTI-AGEING MARINE

3-4 treatments/day

3 DAYS : 480 €

1 hyaluronic facial (50 mins), 1 body scrub,
2 seaweed and marine mud wrap,
1 hydromassage bath, 2 jet showers,
1 watermass, 1 Polynesian massage (50mins),
1 wellbeing massage, 1 affusion massage.

6 DAYS : 805 €

1 hyaluronic facial (50 mins), 1 body scrub,
3 hydromassage baths with essential oils,
your choice of 3 body wraps, 3 jet showers,
2 watermass, 1 Polynesian massage (50
mins), 1 relaxing massage, 1 HNS massage,
1 deep tissue massage (50 mins), 1 wellbeing
massage, 1 affusion massage.

JOURNEY TO THE 4 CORNERS OF THE WORLD

4 DAYS : 595 €

• "Polynesian Escape" day

Pink sand scrub, «lagoon water» bath,
massage with Polynesian traditional hot sand
pouches (50 mins).

• "Nordic Wonder" day

Magnesium marine body wrap, effervescent
crystals bath, Swedish-inspired massage (50
mins).

• "Atlantic Escape" day

Magnesium marine wrap, 1 affusion massage
(25 mns), 1 sea basics facial (50 mins)

• "Dive into the Indian Sea" day

Sublime cotton wrap, hydromassage bath or
seawater affusion, Ayurvedic and
Marmatherapy inspired massage (50 mins).

The programmes are adapted to your wishes and needs. All packages give free access to the Marine Space throughout the duration of the treatment.

Don't forget to book!

The linen package (bathrobe, towels, bathing cap & flip-flops) is included in the price.



SLIMMING TREATMENTS

EXPRESS SLIMMING

3 treatments/day

3 DAYS : 435 €

1 body scrub, 1 seaweed wrap, 1 detox wrap, 1 spiruline wrap, 1 hydromassage bath, 1 relaxing massage, 1 jet shower, 1 watermass, 1 body palp treatment, 1 cryosculpt (40 mins).

MARINE SLIMMING

3 treatments/day

6 DAYS : 860 €

1 body scrub, 5 wraps (seaweed, detox, spiruline, cocoa-pepper), 1 Thalassamineur treatment, 2 hydromassage baths, 1 relaxing massage, 1 wellbeing massage, 2 watermass, 3 cryosculpt (thermotherapy, electrostimulation, cryotherapy) (40 mins),

SLIMMING TREATMENTS

For a more personalized therapy ask our beauticians.

SLIMMING PACKAGE

(pads & probes)

12 SESSIONS : 850 €

THALASSAMINCEUR TREATMENT

1 SESSION (1H50) : 165 €

5 SESSIONS : 700 €

1 targeted slimming treatment,
1 body scrub, 1 slimming treatment,
1 Thalassamineur body wrap.