

September ACTIVITIES

**Sundays
3th and 17th**
Dune discovery activity
Central beach
10:00 am
Free price

Friday 1st
Concert
Electro acoustic cover
Radio Standard
Shopping center
9:00 pm

**Friday
1st and 8th**
Night Market
Shopping center
6:00 pm

Friday 8
Concert
Cover Electro pop
ATRIA
Shopping center
9:00 pm

Wednesday 6th
Concert jazz
Blues roots songs
"Tiger ROSE"
Théâtre de Verdure
8:00 pm

Thursday 7th
French THEATRE SHOW
A VERY EXPLOSIVE BIRTHDAY !
Multipurpose room
9:00 pm

Sunday 10th
Fleamarket
Shopping center
10:00 am

**Events
Events
Events**

 **ANIM EURONAT**



Animations

Yoga Postural
Monday, Tuesday and Friday
Théâtre de verdure
9:30 am - 10:45 am
With Ginette until 29/09

Yoga Sivanada
From 1st to 4th september
Théâtre de verdure
6:30 pm - 8:00 pm
With Edith

Gentle Yoga
From Monday to Friday
Clairière de yoga
6:00 pm - 7:00 pm
With Michel until 9/09

Pétanque
Monday to Saturday
Bouledrome
4:00 pm - 6:00 pm
With Guy and François
until 15/09

Creative voice
Exploration for all
Tuesday : Singing and drum relaxation,
Saturday and Sunday voices and songs
Clairière des pins
5:00 pm - 6:30 pm
With Valérie until 12/09

Free Dance
"Malkovsky"
Monday, Tuesday and Thursday, Friday
Théâtre de verdure
11:00 am - 12:00 pm
With Mariette until 15/09

Ukulele
Saturdays
6:00 pm - 8:00 pm
Théâtre de verdure
With Eric

Badminton & TDT
Tuesday, Wednesday and Friday,
Saturday
Multipurpose room
11:00 am - 1:00 pm
With Simon until 28/09

Archery
From Monday to Saturday
10:00 am - 12:00 pm
With François, Laurent, Daniel
until 31/10

Nordic's walk
Monday 10:00 am - 12:00 am
Exit from the camp & confirmed level
Thursday 10:00 am - 11:30 am
in the camp, all levels
Departure Point info
With Marlène until 28/09

Gym
Tuesday and Friday
10:00 am - 11:00 am
South beach
With Marlène until 29/09